

Monday-Saturday, 3rd-8th Jan 2022**Week - Year C****MONDAY***Monday after Epiphany*

ENTRANCE ANTIPHON: A holy day has dawned upon us: Come, you nations, and adore the Lord, for a great light has come down upon the earth.

The Glory to God in the highest is said.

READING: 1 John 3:22-4:6

A reading from the first letter of St John.

Whatever we ask God, we shall receive, because we keep his commandments and live the kind of life that he wants. His commandments are these: that we believe in the name of his Son Jesus Christ and that we love one another as he told us to. Whoever keeps his commandments lives in God and God lives in him. We know that he lives in us by the Spirit that he has given us. It is not every spirit, my dear people, that you can trust; test them, to see if they come from God, there are many false prophets, now, in the world.

You can tell the spirits that come from God by this: every spirit which acknowledges that Jesus the Christ has come in the flesh is from God; but any spirit which will not say this of Jesus is not from God, but is the spirit of Antichrist, whose coming you were warned about. Well, now he is here, in the world. Children, you have already overcome these false prophets, because you are from God and you have in you one who is greater than anyone in this world; as for them, they are of the world, and so they speak the language of the world and the world listens to them. But we are children of God, and those who know God listen to us; those who are not of God refuse to listen to us. This is how we can tell the spirit of truth from the spirit of falsehood.

PSALM: I will give you all the nations for your heritage.

ACCLAMATION: Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick. Alleluia!

GOSPEL: Matthew 4:12-17, 23-25

A reading from the holy Gospel according to Matthew.

Hearing that John had been arrested, Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the

prophecy of Isaiah was to be fulfilled: Land of Zebulun! Land of Naphtali!

Way of the sea on the far side of Jordan, Galilee of the nations! The people that lived in darkness has seen a great light; on those who dwell in the land and shadow of death a light has dawned.

From that moment Jesus began his preaching with the message, 'Repent, for the kingdom of heaven is close at hand.' He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people. His fame spread throughout Syria, and those who were suffering from diseases and painful complaints of one kind or another, the possessed, epileptics, the paralysed, were all brought to him, and he cured them. Large crowds followed him, coming from Galilee, the Decapolis, Jerusalem, Judaea and Transjordan.

COMMUNION ANTIPHON: We have seen his glory, the glory of an only Son coming from the Father, filled with grace and truth.

TUESDAY*Tuesday after Epiphany*

ENTRANCE ANTIPHON: Blessed is he who comes in the name of the Lord: The Lord is God and has given us light.

READING: 1 John 4:7-10

A reading from the first letter of St John.

My dear people, let us love one another since love comes from God and everyone who loves is begotten by God and knows God.

Anyone who fails to love can never have known God, because God is love.

God's love for us was revealed when God sent into the world his only Son so that we could have life through him; this is the love I mean: not our love for God, but God's love for us when he sent his Son to be the sacrifice that takes our sins away.

PSALM: Lord, every nation on earth will adore you.

ACCLAMATION: Alleluia, alleluia!
The Lord sent me to bring Good News to the poor and freedom to prisoners. Alleluia!

GOSPEL: Mark 6:34-44

A reading from the holy Gospel according to Mark.

As Jesus stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length. By now it was getting very late, and his disciples came up to him and said, 'This is a lonely place and it is getting very late, so send them away, and they can go to the farms and villages round about, to buy themselves something to eat.' He replied, 'Give them something to eat yourselves.' They answered, 'Are we to go and spend two hundred denarii on bread for them to eat?' How many loaves have you?' he asked. 'Go and see.' And when they had found out they said, 'Five, and two fish.' Then he ordered them to get all the people together in groups on the green grass, and they sat down on the ground in squares of hundreds and fifties. Then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing; then he broke the loaves and handed them to his disciples to distribute among the people. He also shared out the two fish among them all. They all ate as much as they wanted. They collected twelve basketfuls of scraps of bread and pieces of fish. Those who had eaten the loaves numbered five thousand men.

COMMUNION ANTIPHON: Because of that great love of his with which God loved us, he sent his Son in the likeness of sinful flesh.

WEDNESDAY

Wednesday after Epiphany

ENTRANCE ANTIPHON: A people who walked in darkness has seen a great light; for those dwelling in a land of deep gloom, a light has shone.

FIRST READING: 1 John 4:11-18

A reading from the first letter of St John.

My dear people,
since God has loved us so much,
we too should love one another.
No one has ever seen God;
but as long as we love one another
God will live in us
and his love will be complete in us.
We can know that we are living in him
and he is living in us
because he lets us share his Spirit.
We ourselves saw and we testify
that the Father sent his Son
as saviour of the world.

If anyone acknowledges that Jesus is the Son of God, God lives in him, and he in God.

We ourselves have known and put our faith in God's love towards ourselves.

God is love and anyone who lives in love lives in God, and God lives in him.

Love will come to its perfection in us when we can face the day of Judgement without fear; because even in this world we have become as he is. In love there can be no fear, but fear is driven out by perfect love: because to fear is to expect punishment, and anyone who is afraid is still imperfect in love.

PSALM: Lord, every nation on earth will adore you.

ACCLAMATION: Alleluia, alleluia!
Glory to Christ who is proclaimed to the world: glory from all who believe in him! Alleluia!

GOSPEL: Mark 6:45-52

A reading from the holy Gospel according to Mark.

After the five thousand had eaten and were filled, Jesus made his disciples get into the boat and go on ahead to Bethsaida, while he himself sent the crowd away. After saying good-bye to them he went off into the hills to pray. When evening came, the boat was far out on the lake, and he was alone on the land. He could see they were worn out with rowing, for the wind was against them; and about the fourth watch of the night he came towards them walking on the lake. He was going to pass them by, but when they saw him walking on the lake they thought it was a ghost and cried out, for they had all seen him and were terrified. But he at once spoke to them, and said, 'Courage! It is I! Do not be afraid.' Then he got into the boat with them, and the wind dropped. They were utterly and completely dumbfounded, because they had not seen what the miracles of the loaves meant; their minds were closed.

COMMUNION ANTIPHON: That life which was with the Father became visible, and has appeared to us.

THURSDAY

Thursday after Epiphany

ENTRANCE ANTIPHON: In the beginning and before all ages, the Word was God and he humbled himself to be born the Saviour of the world.

READING: 1 John 4:19-5:4

A reading from the first letter of St John.

We are to love, because God loved us first. Anyone who says, 'I love God', and hates his brother, is a liar, since a man who does not love the brother that he can see cannot love God, whom he has never seen.

So this is the commandment that he has given us, that anyone who loves God must also love his brother.

Whoever believes that Jesus is the Christ has been begotten by God: and whoever loves the Father that begot him loves the child whom he begets.

We can be sure that we love God's children if we love God himself and do what he has commanded us; this is what loving God is – keeping his commandments; and his commandments are not difficult, because anyone who has been begotten by God has already overcome the world; this is the victory over the world – our faith.

PSALM: Lord, every nation on earth will adore you.

ACCLAMATION: Alleluia, alleluia! The Lord sent me to bring Good News to the poor and freedom to prisoners. Alleluia!

GOSPEL: Luke 4:14-22

A reading from the holy Gospel according to Luke.

Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He taught in their synagogues and everyone praised him.

He came to Nazara, where he had been brought up, and went into the synagogue on the sabbath day as he usually did. He stood up to read, and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written: The spirit of the Lord has been given to me, for he has anointed me.

He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favour.

He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, 'This text is being fulfilled today even as you listen.' And he won the approval of all, and they were astonished by the gracious words that came from his lips.

COMMUNION ANTIPHON: God so loved the world that he gave his Only Begotten Son, so that all who believe in him may not perish, but may have eternal life.

FRIDAY

Mass of the Day

ENTRANCE ANTIPHON: A light has risen in the darkness for the upright of heart; the Lord is generous, merciful and just.

READING: 1 John 5:5-13

A reading from the first letter of St John.

Who can overcome the world?

Only the man who believes that Jesus is the Son of God:

Jesus Christ who came by water and blood, not with water only, but with water and blood; with the Spirit as another witness – since the Spirit is the truth – so that there are three witnesses, the Spirit, the water and the blood, and all three of them agree.

We accept the testimony of human witnesses, but God's testimony is much greater, and this is God's testimony, given as evidence for his Son.

Everybody who believes in the Son of God has this testimony inside him;

and anyone who will not believe God is making God out to be a liar,

because he has not trusted

the testimony God has given about his Son.

This is the testimony:

God has given us eternal life

and this life is in his Son;

anyone who has the Son has life,

anyone who does not have the Son does not have life.

I have written all this to you

so that you who believe in the name of the Son of God

may be sure that you have eternal life.

PSALM: Praise the Lord, Jerusalem!

ACCLAMATION: Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick. Alleluia!

GOSPEL: Luke 5:12-16

A reading from the holy Gospel according to Luke.

Jesus was in one of the towns when a man appeared, covered with leprosy. Seeing Jesus he fell on his face and implored him. 'Sir' he said, 'if you want to, you can cure me.' Jesus stretched out his hand, touched him and said, 'Of course I want to! Be cured!' And the leprosy left him at once. He ordered him to tell no one, 'But go and show yourself to the priest and make the offering for your healing as Moses prescribed it, as evidence for them.'

His reputation continued to grow, and large crowds would gather to hear him and to have their sickness cured, but he would always go off to some place where he could be alone and pray.

COMMUNION ANTIPHON: By this the love of God was revealed to us: God sent his Only Begotten Son into the world, so that we might have life through him.

SATURDAY

Saturday after Epiphany

ENTRANCE ANTIPHON: God sent his Son, born of a woman, so that we might receive adoption as children.

READING: 1 John 5:14-21

A reading from the first letter of St John.

We are quite confident that if we ask the Son of God for anything, and it is in accordance with his will, he will hear us; and, knowing that whatever we may ask, he hears us, we know that we have already been granted what we asked of him.

If anybody sees his brother commit a sin that is not a deadly sin, he has only to pray, and God will give life to the sinner – not those who commit a deadly sin; for there is a sin that is death, and I will not say that you must pray about that.

Every kind of wrong-doing is sin, but not all sin is deadly. We know that anyone who has been begotten by God does not sin, because the begotten Son of God protects him, and the Evil One does not touch him.

We know that we belong to God, but the whole world lies in the power of the Evil One.

We know, too, that the Son of God has come, and has given us the power to know the true God.

We are in the true God, as we are in his Son, Jesus Christ. This is the true God, this is eternal life.

Children, be on your guard against false gods.

PSALM: The Lord takes delight in his people.

ACCLAMATION: Alleluia, alleluia!

**A people in darkness have seen a great light;
a radiant dawn shines on those lost in death.
Alleluia!**

GOSPEL: John 3:22-30

A reading from the holy Gospel according to John.

Jesus went with his disciples into the Judaeen countryside and stayed with them there and baptised. At the same time John was baptising at Aenon near Salim, where there was plenty of water, and people were going there to be baptised. This was before John had been put in prison.

Now some of John's disciples had opened a discussion with a Jew about purification, so they went to John and said, 'Rabbi, the man who was with you on the far side of the Jordan, the man to whom you bore witness, is baptising now; and everyone is going to him.' John replied:

'A man can lay claim only to what is given him from heaven.

'You yourselves can bear me out: I said: I myself am not the Christ; I am the one who has been sent in front of him.

'The bride is only for the bridegroom; and yet the bridegroom's friend, who stands there and listens, is glad when he hears the bridegroom's voice.

This same joy I feel, and now it is complete.

He must grow greater,
I must grow smaller.'

COMMUNION ANTIPHON: From his fullness we have all received, grace upon grace.